

### The Strength of Generosity

Like invisible glue that binds together various pieces of a mosaic, generosity is an unseen force that helps make The Well Community a stable, safe place to belong. Members, volunteers, church groups, donors, neighbors and staff all richly contribute time, energy, creativity, knowledge and funds. Together, these generous gifts of kindness form a bond of strength around The Well, securing its success as it serves its members.

At The Well, we envision a world free of stigma where recovery is possible for adults living with mental illnesses. To that end, we provide hope and healing through healthy relationships, essential services and meaningful activities. However, none of this is possible without the generosity of the larger community.

In this report you will read about a few people with large hearts who give of themselves to make The Well Community possible. Their stories represent countless others, including you, who invested in the lives of members of The Well in 2016. We want you to know ways such generosity makes The Well Community a great place to belong.

The Well Community is the only faith-based nonprofit in the Dallas Metroplex working exclusively with those who suffer from **MENTAL ILLNESSES.**

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### Generous Care

At the weekly Thursday Night Life worship service, members of the Well Community sing, read scripture, listen to a message and pray for one another. This opportunity to grow spiritually helps members learn to care generously for one another. Susan demonstrates this care in practical ways. As a long-time member she gives of her time to other members at The Well. Susan helps with administrative duties and preaches occasionally at our Thursday Night Life worship service.

Susan's generous care was evident when her close friend's adult daughter had no place to live. Susan, who had been homeless before, offered her own bed where she was living with several other women. "I put my faith and trust in God and moved into my car," Susan explains. She knew the young woman wouldn't be able to handle being homeless so she took the daughter's place instead.

"I knew what it was to be homeless," says Susan. "I remember the struggling I did the first time I went out there—nobody trusting you. And you had to hang on to anything and everything you had for fear of losing it. People would take it in a heartbeat." Eventually, Susan found a job that helped her get off the streets, but it still brings up painful memories. "I give it all to the glory of God," she says. "God was protecting me and kept me safe."



### A Heart for Art

The Well's Community Life Center is open Monday through Wednesday, and offers a restorative environment for people whose lives have been drastically disturbed by mental illnesses. This environment offers Well members a place to develop new skills, enjoy friendships and receive mental health services.

On any given Tuesday, you can find Ann Tabony generously giving her time at the Community Life Center. For the last 11 years, she's volunteered as an art teacher, helping Well members who deal with mental illness learn how to paint, draw and craft.



"When I first started, I was exhausted," she admits. Communication was often difficult. Determining what kinds of arts and crafts to teach was a challenge. But soon, Tabony fell in love with the work and the people. "I was euphoric," she said. "... I would feel like I'd been a runner and had that high."

Tabony teaches a variety of art forms, including sculpture, clay work, ceramics and, perhaps most popular, scratchboard. And the members love it. "We just got beautiful images," she said. "Lovely, lovely things."

"This is a forgotten group of people that society wants to push aside," Tabony says. "They can't make a living. It's impossible for them to keep a job." But she aims to empower members with practical skills they can use to create art that sells.

Through the generosity of Tabony's time and her heart for art, she helps members of The Well not only learn new skills, but also develop a sense of self-worth and confidence.

### Hands-On Help

Jacob's House is a City of Dallas licensed boarding house run by The Well Community. Eight men who deal with chronic mental illness live in the house, which offers a home to those who might otherwise be homeless.

The two-story house sits within walking distance of the local coffee shops, restaurants and boutique stores along Davis Street and the Bishop Arts District. The building, with a pale yellow façade surrounded by leafy magnolia trees, shows its age. As with any older home, a number of repairs need attention.

In October 2016, the Dallas Christian Firefighters Association pitched in to build a Federal Drug Administration-approved wheelchair ramp so residents

and visitors can safely enter and exit the house. They also cut down several overgrown trees and repaired and painted the iron fence that surrounds the house.

"It's good to do this where you live," said Suzanne Braddick, President of the Dallas Christian Firefighters Association and DFR Senior Fire Prevention Officer. Many of the firefighters primarily encounter members of The Well at times when they are having difficult episodes stemming from mental illness.

Captain Charlie Salazar, a battalion chief who volunteered with several firefighters from his battalion, pointed out that volunteering is in the makeup of most firefighters. "Most are public servants,"

he says. "They have it in their DNA makeup. They do this stuff because it's inherent."

While Salazar watched several firefighters lift heavy chunks of concrete out of the yard, several residents of Jacob's House also looked on from the front porch. Matthew, a resident who suffers from a dual diagnosis of alcoholism and bipolar disorder, pointed out that the ramp will have huge benefits to anyone in a wheelchair entering or exiting the house. "They won't have to struggle," he says. Which is exactly why these firefighters volunteered their time. "It's ours," says Braddick about Jacob's House. These people are delicate with difficult lives, and "this is a way to make things better for them."



# 2016 Review

<b>Revenue</b>	\$304,651
Individuals	29%
Churches	25%
Foundations & Trusts	20%
Corporations & Businesses	2%
Local Associations & Service Groups	1%
Special Event: Recovery Live	10%
Earned Income: Jacob's House	13%
	100%

**People Served:** 295 Adults  
51% White; 32% Black; 17% Hispanic

18 to 29	9%
30 to 59	70%
60 to 79	21%
Female	38%
Male	62%

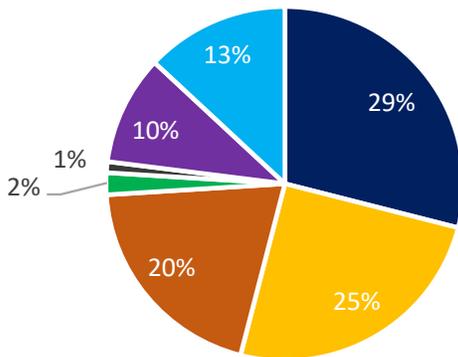
<b>Expenses</b>	\$300,129
Program Expenses	80%
Management and General	8%
Fundraising Expenses	12%
	100%

**Nutritious Meals Served:** 13,707

**Volunteers** 240  
Number of Volunteer Hours 2,968  
Volunteer Investment \$73,191  
(Corporation for National and Community Service)

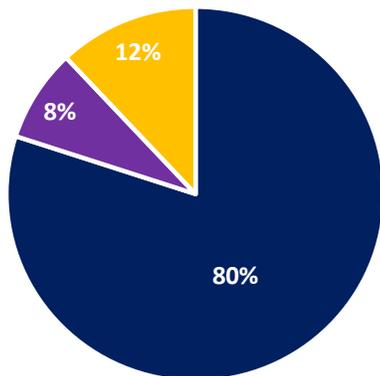
**Staff Time**  
Direct Service Hours 17,752  
Case Management Hours 965

## Revenue



- Individuals
- Churches
- Foundations & Trusts
- Corporations & Businesses
- Associations and Service Groups
- Special Events
- Earned Income

## Expenses



- Program
- Management & General
- Fundraising

## Thanks to Individual Donors!

### 2016 Churches; Foundations & Trusts; Businesses & Corporations; Associations & Service Groups

One Hundred Shares Dallas  
Morning Star Family Foundation  
Hawn Foundation  
David M. Crowley Foundation  
Lightner Sams Foundation  
First Baptist Church Frisco  
Women of St. Michael and All Angels Church  
Assemblies of God/South Dallas Section  
Cliff Temple Baptist Church  
Gaston Episcopal Hospital Foundation  
Dallas Baptist Association  
Grace Temple Baptist Church  
Oak Cliff Lions Club  
Kessler Park United Methodist Church  
Thomas B. Meeker Trust/Baptist General Convention of Texas  
Journey Community Church  
Texas Health Resources  
Gittings/Skipworth, Inc.  
Forest Meadow Baptist Church  
The Galli Group P.S.  
YourCause/Neiman Marcus Group  
Christ Episcopal Church  
Kessler Park Baptist Church  
Crosspoint Church  
Kessler Community Church  
Dallas Trinity Rotary  
Tyler Street Methodist Church  
All Saints Church Dallas

### 2016 Church & Community

#### Volunteer Groups:

All Saints Church Dallas  
Arbuckle Family and Friends  
Cliff Temple Baptist Church  
Christ Episcopal Church  
First Baptist Church of Frisco  
Forest Meadow Baptist Church  
Kessler Park United Methodist Church  
New Life Bible Church  
Oak Cliff Christian Church  
Park Cities Baptist Church  
Tyler Street United Methodist Church  
Trinity Church  
Diann Warnock and Friends

#### "Recovery Live" Sponsors:

Good Space  
Bret and Karen Schuch  
Steven and Dawn Camp  
Joel Pulis  
Amy Carezza and Nathan Offerdahl  
Domingo Garcia, Attorney  
Roland Warnock  
Wes and Beth Keys  
Eagle National Steel Company  
Methodist Dallas Medical Center  
La Calle Doce Restaurante  
El Ranchito  
RPGA Design Group  
Jim Lake Companies  
Epimed International  
Ben O'Neal Photography  
Scott Griggs  
Square Foot  
Grace Presbyterian Village  
Arrington Roofing  
Potpourri of Silk  
Barbara and Ed Ulbricht  
Shirlee and Charles Bealke  
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Christian Johnson/Caliber Home Loans  
Four Corners Brewing  
Full Moon Design Group