

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me... Truly I tell you, whatever you did for the least of these you did it unto me." Matthew 25:35-40

a place to belong...

2013

Annual Report

the well • community

OFFERING HOPE AND HEALING TO THOSE WITH SEVERE MENTAL ILLNESS SINCE 2002.

Critical Need & The Increasing Demand:

Mental illness is a highly prevalent, life-threatening disease that affects millions of people all around the world. One in four adults—approximately 61.5 million Americans—experience mental illness in a given year. One in 17—about 13.6 million—live with a serious mental illness such as schizophrenia, major depression or bipolar disorder. Approximately 60 percent of adults and almost one-half of youth ages 8 to 15 with a mental illness received no mental health services in the previous year. Serious mental illness costs America \$193.2 billion in lost earnings per year. (National Alliance on Mental Illness – NAMI).

Increasing Demand : Over the last 3 years, the number of individuals requiring mental health treatment in Dallas, TX has increased by 65%, while funding for mental health services only increased by 28%, according to the city's largest mental healthcare provider, Dallas MetroCare. The agency reported serving over 47,000 individuals last year, reflecting the skyrocketing demand for mental health programs in our city

- In the United States, one in four adults have or will suffer from a mental illness - regardless of race, age, gender, religion, economic status, or sexual orientation.
- Texas spends \$38.99 per capita on mental health care, making it 49th in the country.
- The demand for mental health services in Dallas County has increased 65% over the last three years
- Approximately 60% of adults with mental illness received no mental health services in the previous year.

"You can be yourself here!"

Ramona (Community Member)

"The water I give takes away thirst all together. It becomes a well of water within - giving life." - John 4:13



Our Mission:

We are a community of people working to bring hope and healing to adults in Dallas, with severe mental illness; building community, meeting needs, and empowering lives. We focus on core issues related to mental illness (despair, isolation & poverty) by offering a restorative environment, healthy relationships, and best practice interventions.

Founded in 2002, the Well Community is a 501(c)(3) nonprofit organization. Today, the Well has grown into a flourishing ministry to adults recovering from serious mental illness. The Well's philosophy of care, relational interventions, and holistic approach combine to make a significant impact upon those we serve.



Our Growing Impact!

Last year, we increased our fundraising efforts with the intention of growing our donor base. Our hard work paid off. With greater financial stability, we were able to expand our programming capacity. In 2013, we increased hours of operation, people served, the number of programs offered, and added much needed staff, interns and volunteers. A big thanks to all our financial supporters!

PROGRAMS & SERVICES

COMMUNITY LIFE CENTER

Our services are primarily delivered through our weekday, Community Life Center (CLC). The CLC incorporates elements of the **clubhouse model**, a psychosocial intervention and best practice. Most important, the CLC is a welcoming place where individuals experience belonging, acceptance & friendship. **CASE MANAGEMENT:** Due to a stretched mental health system, at the CLC we help Community Members secure needed resources (e.g. housing, food, clothing, benefits, legal-aid, crisis intervention, pastoral counseling, etc).

SUPPORTIVE HOUSING

For those we serve, the chance of obtaining and/or retaining safe, decent, and affordable housing is difficult. Therefore, we assist our Community Members in securing appropriate housing. In our supportive housing program, we assist higher functioning individuals secure private apartments. For those who require greater assistance, the Well offers Community Members a boarding home facility called Jacob's House.

THURSDAY NIGHT LIFE

Thursday Night Life is a weekly, culturally relevant worship service, involving music, prayer, teaching, and encouragement. Each week, small groups from various local congregations join with us to provide and serve dinner and are encouraged to interact with Community Members during the fellowship time. Community Members are involved in the planning and implementation of the service, including an all member worship band - "The Leakey Faucets."

COMMUNITY EDUCATION

As a part of our mission, we seek to inform, serve, and resource the greater Dallas faith-community, believing that every congregation in our city is affected by mental illness. We regularly receive referrals and queries from consumers, congregational leaders, and family members about mental illness. Our future plans include the hosting of a faith-based conference on mental health and spirituality.

**The Well is the only
faith-based non-profit
working exclusively
with those who
suffer from severe
mental illness**

NAMI (National)

PROGRAMMING OUTPUTS:

- Over 15,000 Meals Served last year! (number is non-repeating and includes lunches served at the Community Life Center, weekly dinner and worship service, and at our residential program for men.
- 2,038 Volunteer Hours
- 3,120 Hours of Direct Staff to Member (face to face) Interaction recorded.
- Nearly 800 Hours of Individual Case Management Services provided.
- 364 Individuals served.

CONTACT INFO:

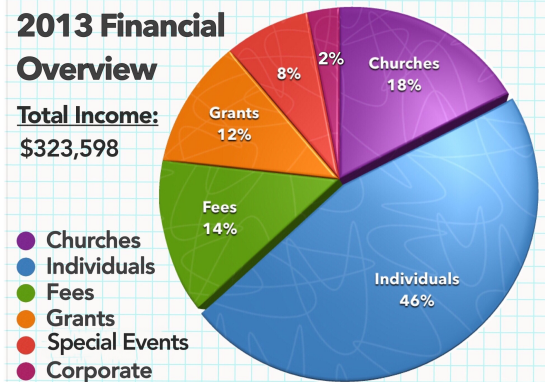
125 Sunset Avenue, Dallas, Texas 75208

Ph: 214.393.5878/Fax: 214.942.8606

www.wellcommunity.org

2013 Financial Overview

Total Income:
\$323,598



Total Expenses (2013): \$254,685

OUR COMMUNITY MEMBERS

- We serve adults, ages 18 to 70+.
- the Well's membership is 45% White, 35% African American, 15% Hispanic and 5% other.
- 40% are female and 60% are male.
- 95% receive Supplemental Security Income (SSI); approximately \$750 per month.
- We do not deny service on the basis of race, age, gender, income, sexual orientation or religion.



Community Members: Tania, Juan & Rose

Follow Us on Social Media!

